4E Kennels Puppy Go Home Instructions

We suggest the following protocol when taking home your puppy to ensure your pup is given the best transition. Stress, lack of sleep, etc... can create an environment where the pup's immune system is compromised and puppy parasites can flourish. While they are ALL treated on deworming schedule, pups are leaving me "clean" only to be home for a week or two and have a parasite.

All dogs/puppies have parasites. When you deworm and or medicate you can kill all live/active parasites; however, parasites and protozoa have a plan for survival in place. They lay eggs to be dormant in the tissues of the host. The ONLY way these can be "activated" is through stress, lowered immune system, pregnancy (hence the puppy parasites – they are passed from mama to baby) and sickness/disease. Our job is to treat live parasites and then keep pups healthy to ensure their body is not a place where they can thrive. Unfortunately, a puppy is a preferred host since they are 80% water upon birth, grow at an incredibly fast rate and have a compromised immune system.

After, a lot of thought and research, I would like you to try these things:

- 1. Keep the house completely calm and stress free for at least a week (no new visitors, lots of commotion, lots of handling, etc... Treat them like a newborn baby coming home. When you come home or visitors to have to come over, please have all shoes removed at the door. Parvo can be brought in on shoes and has happened to a client with a 4 month old pup.
- 2. Do not wake up the "sleeping baby". Puppies sleep an incredible amount of time. Do not worry. As long as your pup wakes up with puppy energy, silliness, eats well, drinks well then all is good!
- 3. Mushy poop is common with stress, please feed only boiled hamburger (or boiled chicken) and white rice (you can also add in a little pumpkin I have a link below or you can use canned pumpkin not pie filler), for the first three days. A nice bland diet is imperative during a tough transition. If after three days, stools are firm, then SLOWLY add in dog food increasing the dog food ratio over the next 5 days. You can make large batches at a time in put in the refrigerator, or even freeze prior to puppy coming home.
- 4. Do not feed ANY treats (includes bones, etc..). Just the bland diet. We don't want an upset tummy due to food or treats. Upset tummies create a nice environment for parasites.
- 5. When you are back to just food, add a nice probiotic to their food. I use Purina Forti Flora. I have a link below.

6. Please give only bottle water for at least a week and then slowly transition them to "city water". We are on a well and the switch in water can cause an upset tummy.

When to worry:

- 1. Poop contains mucous or blood (feed a bland diet for 24 hours and if it remains, a fecal test might be in order).
- 2. Puppy is lethargic, does not play with same vigor and or refuses to eat.
- 3. Puppy cannot poop and vomits. This can indicate he/she ate something and has a blockage. This is an emergency.
- 4. Liquid poop. Be careful. A puppy can dehydrate quickly, so if poop does not improve quickly, then a vet visit will be needed.

Link to Forti Flora and Pumpkin: http://www.4ekennels.com/4es-favorites.php

I hope this makes the transition for your puppy easier and healthier. Thank you for ensuring their safety and well-being!

Love, Jeanette